

Year 7 Curriculum Plan
(7B- Mixed class see alternative)

	Boys 1	Girls 1	Boys 2	Girls 2
4th Sept	Rugby	Netball	Rugby	Trampolining
11 th Sept	Rugby	Netball	Rugby	Trampolining
18 th Sept	Rugby	Netball	Rugby	Trampolining
25 th Sept	Rugby	Netball	Rugby	Trampolining
2 nd Oct	Rugby	Netball	Rugby	Climbing
9 th Oct	B-Ball	Netball	Football	Climbing
16 th Oct	B-Ball	Netball	Football	Climbing
23 rd Oct				
6 th Nov	B-Ball	x-Country	Football	x-Country
13 th Nov	X-Country	x-Country	x-Country	x-Country
20 th Nov	X-Country	x-Country	x-Country	x-Country
27 th Nov	Football	Theory	Theory	Theory
4 th Dec	Football	Theory	Theory	Theory
11 th Dec	Football	Theory	Theory	Theory
18 th Dec	Football	Theory	Theory	Theory
21 st Dec				
2 nd Jan	B-Ball	Hockey	Climbing	Netball
8 th Jan	B-Ball	Hockey	Climbing	Netball
15 th Jan	B-Ball	Hockey	Climbing	Netball
22 nd Jan	B-Ball	Trampolining	Climbing	Netball
29 th Jan	Theory	Trampolining	Football	Aerobics

5th Feb	Theory	Trampolining	Football	Aerobics
12th Feb				
19th Feb	Theory	Climbing	Football	Aerobics
26th Feb	Rugby	Climbing	Rugby	Aerobics
5th March	Rugby	Football/Netball	Rugby	Hockey
12th March	Rugby	Football/Netball	Rugby	Hockey
19th March	Rugby	Football/Netball/ Athletics	B-Ball	Hockey
26th March	Rugby	Football/Netball/ Athletics	B-Ball	Hockey
30th March				
16th April	ATHLETICS			
23rd April				
30th April				
7th May				
14th May				
21 st May				
28th May				
4th June	ATHLETICS			
11th June				
18th June	Striking and Fielding			
25th June				
2nd July				
9th July				

16th July
