



CORNELIUS
VERMUYDEN
SCHOOL

Respect. Resilience. Responsibility.

27 May 2022

Dear Parent/Carer

Re: RSE Consultation

The Department for Education has made the teaching of Relationships and Sex Education (RSE) and Health Education compulsory in all secondary schools since September 2020. Most of this programme is delivered through our Personal, Social, Health and Economic (PSHE) education programme, however, due to the pandemic, the compulsory implementation of this curriculum was delayed to summer 2021 and, last summer, we went through our first phase of consultation for successful implementation this academic year.

We are further reviewing our relationships and sex education (RSE) curriculum and policy, so that we can be sure our RSE/PSHE provision is appropriate for our students based on their:-

- Age;
- Physical and emotional maturity;
- Religious and cultural backgrounds;
- Special educational needs and/or disabilities (SEND).

PSHE (Personal, Social and Health Education) is a school subject through which students develop the knowledge, skills and attributes that they need to keep themselves healthy and safe, and prepare for life and work in modern Britain. Evidence shows that well-delivered PSHE programs have an impact on both academic and non-academic outcomes for students, particularly the most vulnerable and disadvantaged.

Personal, social, health and economic (PSHE) education is an important and necessary part of all students' education. Relationships and sex education (RSE) is an important part of PSHE education. Relationship and sex education (RSE) is compulsory for all secondary school students.

We have made updates to our curriculum for 2022-2023.

1. The new curriculum will be delivered weekly in a one-hour lesson (for all Year groups) from September 2022 (rather than in tutor times for the upper school). This lesson will be anchored

Cornelius Vermuyden School | Dinant Avenue | Canvey Island | Essex | SS8 9QS
Tel: (01268) 685011 | Fax: (01268) 510290 | Email: admin@corneliusvermuyden.com | www.corneliusvermuyden.com
Headteacher: Mr I Hockey BAVHons MSc NPQH

Cornelius Vermuyden School is a Limited Company registered in England and Wales under Company Number 8647123
Registered Office: Cornelius Vermuyden School | Dinant Avenue | Canvey Island | Essex | SS8 9QS Cornelius Vermuyden School is an exempt Charity under the Charities Act 2011



for the whole school to prioritise the importance of the subject matter and will enable full support from the pastoral and senior leadership teams. Additionally, the intent of the change is to give PSHE/RSE a similar status to that of a core subject.

2. Improved resources and structured materials will be in place for students and staff to improve the quality of education.
3. We will implement a brand-new curriculum by adopting a thematic approach. Six spiral core themes will be taught for all year groups. The topics within the new curriculum can be reviewed in the enclosed documents.

These themes will be:-

- Rights, responsibilities & British Values;
- Celebrating Diversity & Equality;
- Relationships & Sex Education;
- Staying Safe Online & Offline;
- Health & Wellbeing;
- Life Beyond School.

The new curriculum and how it maps against the statutory RSE, and Health topics can be seen attached.

4. The new curriculum has been reviewed to have regard for the legal requirements around political impartiality, especially when we utilise external organisations and materials produced by them.
5. The new curriculum gives due regard to its requirements under the Equality Act and Public Sector Equality Duty when planning and teaching RSE to create an inclusive classroom and provision.
6. The new curriculum makes explicitly clear the units and content of RSE delivery for 2022-23 and when they will be delivered.

Cornelius Vermuyden School will be starting their consultation process on 27 May 2022. The consultation will close on Thursday 30 June 2022.

CORNELIUS VERMUYDEN SCHOOL

Cornelius Vermuyden School | Dinant Avenue | Canvey Island | Essex | SS8 9QS
Tel: (01268) 685011 | Fax: (01268) 510290 | Email: admin@corneliusvermuyden.com | www.corneliusvermuyden.com
Headteacher: Mr J Hockey BA(Hons) MSc NPQH

As part of this, parents, staff and governors, will be asked to read through the following:-

1. RSE Letter
2. RSE Draft Policy
3. PSHE/RSE Curriculum Maps (enclosed to letter).

We would then ask all stakeholders to provide their feedback to this consultation by completing the following questionnaire: - <https://www.surveymonkey.co.uk/r/6PYBRXX>

We will consider responses to the consultation so that our RSE Policy can be ratified by the full governing board (July 2022) and published before the start of the 2022/23 academic year.

I thank you all in advance for your support.

Yours faithfully



Mr I Hockey
Headteacher

Encs

CORNELIUS VERMUYDEN SCHOOL

Cornelius Vermuyden School | Dinant Avenue | Canvey Island | Essex | SS8 9QS
Tel: (01268) 685011 | Fax: (01268) 510290 | Email: admin@corneliusvermuyden.com | www.corneliusvermuyden.com
Headteacher: Mr I Hockey BA(Hons) MSc NPQH

CORNELIUS PSHE YEAR 7



STAYING SAFE ONLINE & OFFLINE (4)

- LESSON 13 - 20
- Avoiding Gangs
 - Staying Safe Online
 - Fortnite, Grooming & online gaming
 - What is alcohol?
 - What is smoking?
 - E-Cigs and vaping
 - Energy Drinks
 - (Carrying a knife)



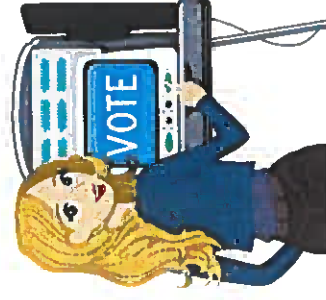
FRIENDSHIPS, RESPECT & RELATIONSHIPS (3)

- LESSON 6 - 12
- Consent and boundaries
 - Respect and relationships
 - What makes a good friend
 - Friendships and managing them
 - Being positive & Self Esteem
 - Pressure & Influence
 - What does it mean to be a man?



POLITICS, PARLIAMENT AND ME (1)

- LESSON 34 - 38
- Why is politics important
 - How is our country run?
 - Elections & Campaigning
 - Politics & Debating
 - Exploring inside Parliament



MANAGING CHANGE (6)

LESSON 1 - 5

- Getting to know people
- Careers & your future
- Sleep & relaxation
- Financial Education
- Transition points
- your life



STATUTORY RSE & HEALTH TOPICS COVERED

- Families
- Respectful relationships, including friendships
- Online & the Media
- Being safe
- Intimate & sexual relationships, including sexual health
- Mental Wellbeing
- Internet Safety & Harms
- Physical Health & Wellbeing
- Healthy Eating
- Drugs, Alcohol & Tobacco
- Health & Prevention
- Basic First Aid
- Changing Adolescent body

PUBERTY & BODY DEVELOPMENT (5)

LESSON 21 - 27

- Intro to Puberty
- Puberty (girls focus)
- Puberty (Boys focus)
- Personal & Oral Hygiene
- Growing up & FGM
- Assertiveness, consent & Hormones
- Self Esteem & empowerment



CELEBRATING DIFFERENCES (2)

LESSON 28 - 33

- What is your identity?
- Nature Vs Nurture
- Equality Act 2010
- Breaking down Stereotypes
- Prejudice and Discrimination
- Challenging Islamophobia

6 CORE THEMES:

- CORE THEME 1** - Rights, Responsibilities and British Values
- CORE THEME 2** - Celebrating Diversity and Equality
- CORE THEME 3** - Relationships and Sex Education
- CORE THEME 4** - Staying Safe Online and Offline
- CORE THEME 5** - Health and Wellbeing
- CORE THEME 6** - Life Beyond School

*Respect.
Resilience.
Responsibility...*

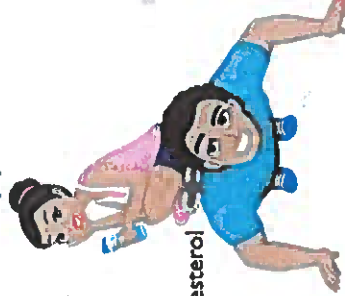
CORNELIUS PSHE

YEAR 8



PHYSICAL HEALTH & MENTAL WELLBEING (5)

- Health & Wellbeing
- What is Mental health?
- Positive Body Image
- Child Abuse
- Types of Bullying
- Healthy Eating & Cholesterol
- Stress Management



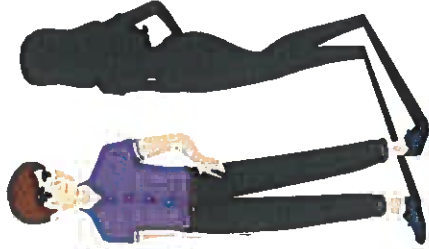
DANGEROUS SOCIETY ONLINE & OFFLINE (4)

- County Lines - What is it?
- County Lines - Who is at risk?
- Substance misuse
- Online safety - Cyber bullying
- Grooming Boys & Girls
- Drugs Education - Alcohol safety
- Child Exploitation & Online Protection



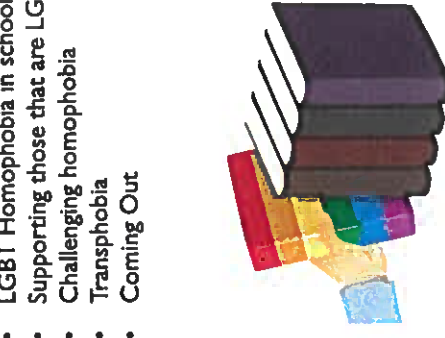
IDENTITY, RELATIONSHIPS & SEX EDUCATION (3)

- Into to relationships & Sex Education
- Healthy Relationships
- Sexual Orientation
- Gender Identity
- Introduction to Contraception
- What is Love
- Periods and Menstrual Cycles



LGBTQA+ EXPLORED (2)

- LGBT what is it?
- LGBT Homophobia in schools
- Supporting those that are LGBT
- Challenging homophobia
- Transphobia
- Coming Out



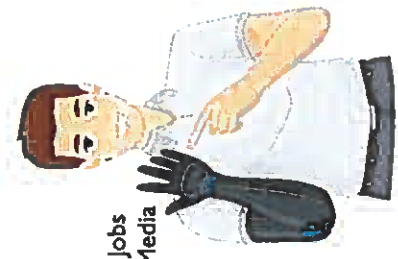
LAW, CRIME & SOCIETY (1)

- Desert Island Living
- Building a Community
- Making Decisions & Priorities
- Criminals, Laws & Society
- Law making in the UK
- Prisons, Reform & Punishment



PROUD TO BE ME (6)

- Employability Skills
- Proud to be me + Career Choices
- Career Interests & Jobs
- Self Esteem & the Media
- Labour market information



STATUTORY RSE & HEALTH TOPICS COVERED

- Families
- Respectful relationships, including friendships
- Online & the Media
- Being safe
- Intimate & sexual relationships, including sexual health
- Mental Wellbeing
- Internet Safety & Harms
- Physical Health & Wellbeing
- Healthy Eating
- Drugs, Alcohol & Tobacco
- Health & Prevention
- Basic First Aid
- Changing Adolescent body



6 CORE THEMES:

- CORE THEME 1** - Rights, Responsibilities and British Values
- CORE THEME 2** - Celebrating Diversity and Equality
- CORE THEME 3** - Relationships and Sex Education
- CORE THEME 4** - Staying Safe Online and Offline
- CORE THEME 5** - Health and Wellbeing
- CORE THEME 6** - Life Beyond School

*Respect.
Resilience.
Responsibility...*

CORNELIUS PSHE YEAR 9



BODY

CONFIDENCE (5) LESSON 8 - 13

- Self Esteem Changes
- What is a Penis?
- What is a Vulva?
- Bullying in all its Forms
- Media & Airbrushing
- Cancer Prevention & Healthy Lifestyles



SEX THE LAW & CONSENT (3) LESSON 14 - 20

- Sexual Consent & the law
- FGM & the law
- Delaying Sexual Activity
- Why have Sex?
- Relationships and Partners
- Pleasure and Masturbation
- What are STI's?



ESSENTIAL LIFE SKILLS (6)

LESSON 21 - 27

- Form Failure to Success
- First Aid Lesson 1
- First Aid Lesson 2
- Importance of Happiness
- What is Anger?
- Saving & managing money
- Social media & online stress



LEGAL & ILLEGAL DRUGS (4) LESSON 1 - 7

- Introduction to Drugs
- Different types of Addictions
- Cannabis Products
- Drug Classifications
- "Party" Drugs & Dangers
- Exploring Illegal Drugs & Effects
- Volatile Substance Abuse

STATUTORY RSE & HEALTH TOPICS COVERED

- Families
- Respectful relationships, including friendships
- Online & the Media
- Being safe
- Intimate & sexual relationships, including sexual health
- Mental Wellbeing
- Internet Safety & Harms
- Physical Health & Wellbeing
- Healthy Eating
- Drugs, Alcohol & Tobacco
- Health & Prevention
- Basic First Aid
- Changing Adolescent body

CONTRACEPTION & STI'S (3) LESSON 28 - 34

- STI Lesson
- Contraception Available
- The Condom Lesson
- Exploring the realities of Contraception
- Sexual Harassment & Stalking
- HIV and AIDS
- AIDS - Prejudice & Discrimination



COMBATING EXTREMISM & TERRORISM (1) LESSON 35 - 40

- Extremism in all its forms
- What is Terrorism?
- Proud to be British
- The Radicalisation Process
- Counter Terrorism
- And - Semitism

*Respect.
Resilience.
Responsibility...*

6 CORE THEMES:

- CORE THEME 1 - Rights, Responsibilities and British Values
- CORE THEME 2 - Celebrating Diversity and Equality
- CORE THEME 3 - Relationships and Sex Education
- CORE THEME 4 - Staying Safe Online and Offline
- CORE THEME 5 - Health and Wellbeing
- CORE THEME 6 - Life Beyond School



CORNELIUS PSHE YEAR 10



MENTAL HEALTH & WELLBEING (5)

LESSON 1 - 6

- Child abuse (CSE)
- Self Harm
- Screen Time & Safe Mobile
- Phone Use
- Common Mental Health Issues
- Suicidal thoughts & Support
- Promoting emotional wellbeing



RIGHTS & RESPONSIBILITIES (6)

LESSON 7 - 13

- Instagram Generation
- Targeted Advertising
- Marriage - what it is?
- Rights & Responsibilities
- Consumer Rights
- Employment rights
- Exploring a paycheck



VIOLENCE, CRIME & SEEKING SAFETY (4)

LESSON 21 - 27

- Honour Based Violence
- Forced Marriages
- Online Gambling
- Social Media Validation
- Keeping Data Safe
- Modern Day Slavery
- Preventing Knife Crime



EXPLORING RELATIONSHIPS & SEX EDUCATION (3)

LESSON 14 - 20

- Campaigning against FGM
- Sexting Nudes & Dick Pics
- Porn Life vs Real Life
- Porn materials and attitudes
- Domestic abuse & violence
- Sexual violence (Assault & Rape)
- Sexualisation of the Media

STATUTORY RSE & HEALTH TOPICS COVERED

- Families
- Respectful relationships, including friendships
- Online & the Media
- Being safe
- Intimate & sexual relationships, including sexual health
- Mental Wellbeing
- Internet Safety & Harms
- Physical Health & Wellbeing
- Healthy Eating
- Drugs, Alcohol & Tobacco
- Health & Prevention
- Basic First Aid
- Changing Adolescent body

EXPLORING BRITISH VALUES (1)

LESSON 28 - 32

- Critical thinking & Fake News
- LGBT Rights & British Values
- What are Human Rights
- Exploring Human Rights
- Exploring Britishness & British Values

EXPLORING WORLD ISSUES (2)

LESSON 33 - 37

- International Organisations
- Aid supporting Other Countries
- Fair Trade
- Women's Rights & Equality
- #MeToo Movement & Time's Up



*Respect.
Resilience.
Responsibility...*

6 CORE THEMES:

- CORE THEME 1** - Rights, Responsibilities and British Values
- CORE THEME 2** - Celebrating Diversity and Equality
- CORE THEME 3** - Relationships and Sex Education
- CORE THEME 4** - Staying Safe Online and Offline
- CORE THEME 5** - Health and Wellbeing
- CORE THEME 6** - Life Beyond School

CORNELIUS PSHE YEAR 11



STAYING SAFE (4)

LESSON 1 - 7

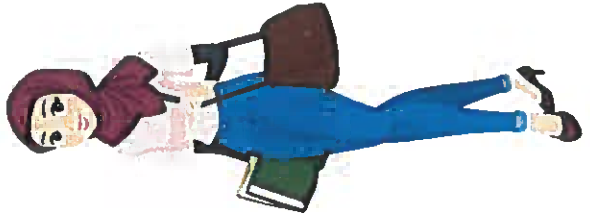
- Virtual Reality & Live Streaming
- New Psychoactive Drugs (NPS)
- Festivals & Drugs
- War on Drugs
- Cosmetic & Aesthetic Procedures
- Drugs substance addiction
- Online reputation & Digital Footprints



ADULT HEALTH & LOOKING AFTER YOURSELF (5)

LESSON 15 - 20

- Organ donation & Donating blood
- Teenage Pregnancy Choices
- Abortion (Morals, laws & thoughts)
- Testicular & Prostate Cancer
- Cervical, breast & Ovarian Cancer
- Love & Abuse are not the same



STATUTORY RSE & HEALTH TOPICS COVERED

- Families
- Respectful relationships, including friendships
- Online & the Media
- Being safe
- Intimate & sexual relationships, including sexual health
- Mental Wellbeing
- Internet Safety & Harms
- Physical Health & Wellbeing
- Healthy Eating
- Drugs, Alcohol & Tobacco
- Health & Prevention
- Basic First Aid
- Changing Adolescent body

SEXUAL HEALTH (3)

LESSON 8 - 14

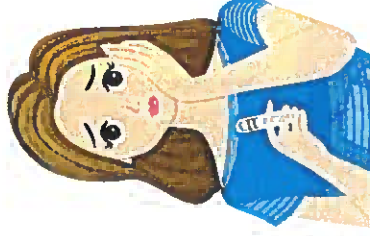
- Peer on Peer bullying
- Fertility and what impacts it
- Alcohol & Bad Choices
- Importance of Sexual Health
- Revisiting contraception
- Revisiting STI's
- Respect & Relationships



YOUR FUTURE & BEYOND (6)

LESSON 21 - 25

- Time management
- Dealing with exam stress & anxiety
- Instagram Life Vs. Real Life
- Writing a Personal statement
- Writing a CV



*Respect.
Resilience.
Responsibility...*

6 CORE THEMES:

- CORE THEME 1** - Rights, Responsibilities and British Values
- CORE THEME 2** - Celebrating Diversity and Equality
- CORE THEME 3** - Relationships and Sex Education
- CORE THEME 4** - Staying Safe Online and Offline
- CORE THEME 5** - Health and Wellbeing
- CORE THEME 6** - Life Beyond School